

# Small changes, big differences.



## The Healthy Me Program presents: The Power of Positive Parenting Seminar

The Healthy Me Program is offering a seminar for parents and guardians on positive parenting, dealing with problematic behaviours, and strategies for effective parenting. If you are looking for some information and guidance, we would love to have you join us.

**DATE – Thursday, April 14<sup>th</sup>, 2022**

**TIME – 10:00-11:00 AM**

**PRESENTERS – Jessica Diaz & Valeria Alcantara**

**ZOOM - Meeting ID: 970 1589 7798**

**Password: 924387**

**One tap mobile**

**+16468769923,,97015897798# US**

<https://citrushealth.zoom.us/j/97015897798?pwd=UWxUQ2lFRUdqNmZnN0tTaSsxTndhUT09>

*This presentation is sponsored by Citrus Health Network, Inc., Thriving Mind South Florida and the State of Florida, Department of Children and Families.*

